

Contact for info and booking:
info@nspine.com

Delegate Flyer

NSpine

innovative spine education™

6th NSpine Winter Masterclass

15-21 January 2023

Group 1: 15 - 17 January

Group 2: 17 - 19 January

Group 3: 19 - 21 January

Kulm Hotel

Arosa, Switzerland

2023 CME accreditation pending
(previous events >20CME)

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The NSpine Arosa Winter Masterclass - an exceptional event

Our special “Masterclass” is now established as the premier case discussion forum; renowned not only the discussion of complex cases, but importantly for the engagement and the friendly atmosphere of the debates.

Each Masterclass combines 12 hours of CME accredited sessions together extended free time for informal networking and other pursuits.

Many of our participants return each year confirming the event as their most valuable professional learning experience.

Included in your package is the course fee, hotel accommodation and breakfast, as well as networking dinners in the Hotel Kulm’s famed restaurants. Partners and families are welcome to attend.

Set against the stunning backdrop of the Swiss Alps, the Kulm Hotel in Arosa affords the perfect location to encourage clear thought and debate in the NSpine sessions balanced with the splendors and relaxation of winter recreation in your free time.



Bronek Boszczyk,
Spine Surgeon | NSpine Founder

Programme

Format

- Case based interactive discussions.
- The complexity is at expert level and covers unusual cases, technical challenges, custom solutions and complications - typically around 30 cases are covered per day
- Each Masterclass group includes 4 sessions (total of 12 hours)
- Delegates may book onto multiple groups
- Faculty and cases differ between groups
- Each day is concluded with a networking dinner

Schedule

[illegible]

Accreditation

- To date every Arosa Masterclass has been awarded >20 CME credits.
- 2023 CME accreditation will again be applied for

Content

- Deformity / Min Invas Degenerative challenges are the primary focus with trauma and tumour featured in specific cases
- Discussions and cases can however expand into any area of interest especially complex subspecialty cases

Topics

- Paediatric deformity

Early onset scoliosis

Congenital and syndromic scoliosis

Dysraphic condition and myelomeningocele

Caudal regression

Adolescent idiopathic scoliosis

Spondylolisthesis

Growth modulation

Complex reconstructive techniques

Cervical deformity

Paediatric trauma

Paediatric tumours

Neuromonitoring incidents

Topics

- Adult deformity and degeneration

MIS and lateral techniques

ALIF / OLIF / XLIF / TLIF

Advanced reconstructive techniques

Advanced pelvic fixation techniques

Spinal endoscopy

Cervical and lumbar arthroplasty

Cervical deformity

Cervical myelopathy

Osteoporotic deformity

Post traumatic deformity

Rheumatoid instability

Revision surgery

Faculty

Confirmed Faculty (status September 2022)

6 expert international faculty moderate and discuss cases each day.
Most faculty change for each group with different cases being presented for each group.
Please note that as clinicians with patient responsibility, faculty and faculty allocations are potentially subject to change.

Group 1



S Rajasekaran
India



Per Trobisch
Germany



Frank Hassel
Germany



Michael Ruf
Germany



Junseok Bae
South Korea



Pat Kiely
Ireland

Group 2



S Rajasekaran
India



Bronek Boszczyk
Germany



René Castelein
Netherlands



Stefan Parent
Canada



Junseok Bae
South Korea



Jin-Sung
LUKE
Kim
South Korea

*attending from 18th onward

Allocation tbc



Firoz Miyanji
Canada

Group 3



Ralf Stücker
Germany



Jean-Charles
Le Huec
France



Bronek Boszczyk
Germany



Philip Horsting
Netherlands



Ciaran Bolger
Ireland



Jin-Sung
LUKE
Kim
South Korea

Delegates may bring and present own cases

Open and honest discussion is at the heart of this meeting

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Venue

Arosa is located at the end of the romantic Schanfigg Valley at an altitude of about 1800 metres above sea level. Surrounded by an impressive range of mountain peaks, the Kulm Hotel provides a haven of tranquility. With comfortable meeting rooms on-site along with several leading restaurants, the setting is ideal for a case based masterclass.

Getting there

Although Arosa is nestled deep in the Swiss Alps, it can be reached by car and rail from all over Europe. Zurich airport is only a short journey away for international travel.

By air Zurich airport provides the best flight access. Car transfer from Zurich airport to Arosa takes about 2 ½ hours with several professional providers available online. Alternatively take the train from the airport or Zurich Main Station to Chur and then on to Arosa.

By train the leisurely journey from Chur to Arosa climbs 1,000 metres in just 26 kilometres. Feel like you're floating on air as you pass over the elegant Langwieser Viaduct. Travel time from Zurich to Arosa by train is about three hours. The hotel shuttle will pick you up at the station.

By car take the A3 to Chur and follow the signs to Arosa. Approximately 45 minutes and 361 curves later, you will reach your destination. Winter tires are essential and snow chains or four-wheel drive may be required in the event of heavy snow. Driving experience in winter conditions is useful.

Alternatively leave your car in the multi-storey car park in Chur (Park & Ride, next to the train station, approx. CHF 10/day) and take the train to Arosa.

For the adventurous

Helicopter transfer to Arosa is available from Zurich airport as well as from Chur.

The Kulm concierge will be happy to advise you on travel logistics.



What to expect as delegate

The NSpine Winter Masterclass is about personal learning, delivered in a learner-centric environment. It is an exceptional learning and networking opportunity.

As the name Masterclass suggests, our delegates are all competent and proficient in the subject matter. They attend the Masterclass to learn from Experts the key tips & tricks to manage the most complex and rare cases – gaining pearls of wisdom that otherwise may take years to acquire.

Our Masterclass faculty are charged to act as facilitators rather than Teachers; they encourage active and energetic case discussion.

We aim to cover at least 20 cases during each day. Case presentations are targeted to last 15 minutes, however, there is no official time limit – our faculty facilitators can extend the time period if they see good and fruitful debate. Each full day contains 6 hours of CME accredited educational case discussions.

The Masterclass is structured to allow a midday break 11.30 – 16.30 to allow delegates and faculty to network, relax and enjoy the winter atmosphere.

Bring your family

Families and partners are explicitly welcome - Kulm is a very family friendly hotel. Each evening is concluded with a networking dinner at the hotel (or across the road). The numerous restaurants are all of excellent quality.

Without exception, our delegates have found this meeting to be one of the most rewarding educational and networking experiences. Many lasting professional friendships have been forged in Arosa.

We would be delighted to welcome you to our Masterclass !



Testimonials

Great meeting, great cases, great participants and fun atmosphere.

★★★★★

- UFUK AYDINLI -

Turkey

This is the meeting I learn most at!

★★★★★

- CIARAN BOLGER -

Ireland

The course was absolutely fantastic with participants of highest calibre. I honestly enjoyed every single moment - both professionally and socially!

★★★★★

- MARCEL IVANOV -

UK

The NSpine course conducted at Arosa was an unique 'one-of-a-kind' event. The selection of the venue, the city and the faculty were beyond expectations.

★★★★★

- RISHI KANNA -

India

A thoroughly enjoyable meeting, with great discussions, comfortable venue and very well organised. I learnt a lot.

★★★★★

- DAVID CHOI -

UK

Thank you very much for this super meeting and having me in the faculty. I have enjoyed the discussions and I've learned a lot. Congratulation for the excellent organization.

★★★★★

- DEZSŐ JESZENSZKY -

Switzerland

Once again a great event. I had the opportunity to learn relevant new strategies.

★★★★★

- CLAUDIA LAMARTINA -

Italy

The NSpine meeting in Arosa was excellent yet again. I learn something new everytime. We had outstanding faculty and very valuable discussions.

★★★★★

- AREENA DSOUZA -

Germany

Best meeting I've ever been on. Congratulations and thank you to all the faculty, delegates and industry for their hard work and contribution.

★★★★★

- DARREN F. LUI -

UK

Formal CME evaluation and feedback consistently indicates substantial educational value

Great meeting, excellent case range and complexity.

★★★★★

- JEREMY REYNOLDS -

UK



Registration Options

Delegates may choose to attend one or more groups. Faculty and cases differ for each group. Registration includes accommodation and dinners (both at Kulm) as indicated. Partners and families are welcome. Double room bookings include dinners for two persons. Children under 2 are free. Please book older children with Kulm directly. Please note that the double room attendance includes only one course pass.

Groups

Group 1: 15 - 17 January (4 sessions / 2 nights) Sun pm - Tue am (incl)

Group 2: 17 - 19 January (4 sessions / 2 nights) Tue pm - Thu am (incl)

Group 3: 19 - 21 January (4 sessions / 2 nights) Thu pm - Sat am (incl)

Pricing	Single Room	Double Room
1 group	€1100 includes 2 nights / dinners / breakfast / 4 session course	€2000 includes 2 nights / dinners / breakfast / 4 session course (1 person*)
2 groups	€2100 includes 4 nights / dinners / breakfast / 8 session course	€3700 includes 4 nights / dinners / breakfast / 8 session course (1 person*)
all groups	€2900 includes 6 nights / dinners / breakfast / 12 session course	€5400 includes 6 nights / dinners / breakfast / 12 session course (1 person*)

*For additional spouse / partner pass rates - 160 Euros per day / 320 Euros per group. Please contact info@nspine.com for further details.

Swiss VAT registration pending

Contact us for the booking form or
further information

We look forward to welcoming you to
Arosa!



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NSpine GmbH, Kolbermoor, Germany
www.nspine.com

Contact:

info@nspine.com
for information and pre-registration



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Save The Date:


NSpine 2023 Strasbourg July 20th - 23rd

lectures and workshops

- All you need to operate and more -



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